Superficial Fungal Infections: Worth a Deeper Look!

**WHAT IS IT?**

Dermatophyte (tinea) infections
Contagious fungal infections that infect skin, hair, and nails (aka ringworm, athlete's foot, nail fungus)

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**WHO CAN GET IT?**

ANYONE!!
But older adults & patients with diabetes or problems with their immune system are prone to complications

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**WHY CARE?**

Resistant infections are epidemic in some regions (eg, India)
In some people, the infection spreads over their whole body because it's resistant to many medications

A growing problem with resistance in the US
Overuse of over-the-counter (OTC) antifungal creams is driving resistance!

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**Ideally, see your health care provider (HCP).**

Your HCP should send a sample to the lab to find out what is causing the infection and what medication(s) it is likely to respond to.

**HOW TO TREAT?**

But, if you do try OTC antifungal cream...
Look closely in a week

**WHEN TO TEST?**

No Improvement → See your HCP

Improvement

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**Fight the fungus!**

- Seek professional help early. Don’t wait
- Ask your HCP about the diagnostic process
- Ask how the treatment was selected (is it likely to work for your infection?)

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This educational initiative was funded in part by a cooperative agreement with the Centers for Disease Control and Prevention (CDC-RFA-CK20-2003) to the University of Alabama at Birmingham. The University of Alabama at Birmingham is collaborating with the Mycoses Study Group Education & Research Consortium and Terranova Medica, LLC, on this initiative. The Centers for Disease Control and Prevention is an agency within the Department of Health and Human Services (HHS). The contents of this resource center do not necessarily represent the policy of CDC or HHS and should not be considered an endorsement by the Federal Government.